



Estd. 1991



# ANNUAL REPORT

2022-2023

# TABLE OF CONTENTS

Secretary's Note	02
Our Mission	03
How Sampark Advocated for Self-Reliance Over The Years	04
2022-2023 in review	06
<b>Building Self-Reliant Women-Led Enterprises</b>	<b>07</b>
Varanasi - Survey & Impact Report 2022-23	11
Varanasi Activity Overview 2022-23	12
Stories of Transformation	13
Koppal - Impact Report 2022-23	14
Koppal Activity Overview 2022-23	15
Stories of Transformation	16
<b>Empowerment of Migrant Workers</b>	<b>17</b>
Profile Overview of the Migrant Worker Population in Karnataka	18
Migrant Workers Empowerment Impact 2022-23	19
Stories of Transformation	20
<b>Early Childhood Care &amp; Development</b>	<b>21</b>
Role in Supporting Working Migrant Women	22
Activity Overview 2022-23	23
Stories of Transformation	24
<b>Way Forward</b>	<b>25</b>



## SECRETARY'S NOTE

I am extremely proud and happy to share yet another year of Sampark's work and achievements. Doing it for 32 years now, I have never felt tired and in fact it keeps me energized and curious to observe, learn and strategise more. This brings me to tell you about the Visioning exercise of Sampark involving junior staff, senior staff, CEO, Board Members and Advisors.

The discussions and thoughts were insightful and re-iterates the importance of Sampark's work to the vulnerable people and the need to scale-up mindfully without affecting Sampark's values and culture.

This year has been a year of capacity building of existing staff, acquiring new talent & streamlining organizational efforts and thoughts. Flexible work times offered to staff to retain talent, computer classes to improve staff's digital literacy, English classes to improve field staff's English communication skills & recognition for star performers in projects are some tangible investments done. Sampark has been supportive of our team as they are the forerunners of our work. Believing in a team's capabilities and providing support and recognizing their potential an contributions, encourages them to achieve their goals. With such support, Sampark can continue to thrive and make significant progress in work.

Revamping our office space and addition of another floor to our office, opens our minds and office spaces to possible new training, celebrations and collaborations. The investment in our organizational capacity, staff & infrastructure has provided us the boost to increase our operations in a systematic manner.

Founder & Secretary  
Dr. Smita Premchander

A woman in a red shirt and green sari is the central focus, sitting in a crowd. She has a thoughtful expression, looking slightly to the right. In the background, other people are visible, including a woman in a blue and purple sari and a child. The scene is brightly lit, suggesting an outdoor setting.

# “ OUR MISSION

*Sampark's mission is to help vulnerable and poor people, especially women, to gain direct control over and improve their lives. This is achieved through educational interventions primarily aimed at increasing people's income earning ability.*

## OUR IMPACT AREAS



*Early Childhood Care & Development*



*Childhood Nutrition*



*Skill Based Training for Women*



*Building self-reliant women-led enterprises*



*Migrant Worker Access to government schemes*

## CONNECTION TO SUSTAINABLE DEVELOPMENT GOALS



**NO POVERTY** - Sampark's emphasis on self-reliance emboldens impoverished men and women to reclaim their lives and find means to sustain themselves. This, along with awareness of government schemes and linkages directly contributes to the first United Nations Sustainable Development Goal of No Poverty.



**ZERO HUNGER** - Owing to poor incomes and affordability, migrant children are often subject to hunger and malnutrition. Sampark's early childhood care and development centers provide nutritious meals to migrant children contributing to the second United Nations Sustainable Development Goal of Zero Hunger.



**GOOD HEALTH AND WELL-BEING** - Sampark's worker resource centers act as information & awareness hubs, providing access to government-linked health schemes, & they contribute to increasing the overall well-being of migrant worker families. Sampark also focuses on healthcare for women & children's nutrition, thus further contributing to the third United Nations Sustainable Development Goal of Good Health and Well-Being.



**QUALITY EDUCATION** - Sampark's Early Childhood Care & Development Centers offer infant care, early learning & after-school educational activities for children from 6 months to 15 years of age. This solid foundation discourages drop-outs, encourages timely school enrollment, primes migrant children for mainstream schooling & contributes to the fourth United Nations Sustainable Development Goal of Quality Education.



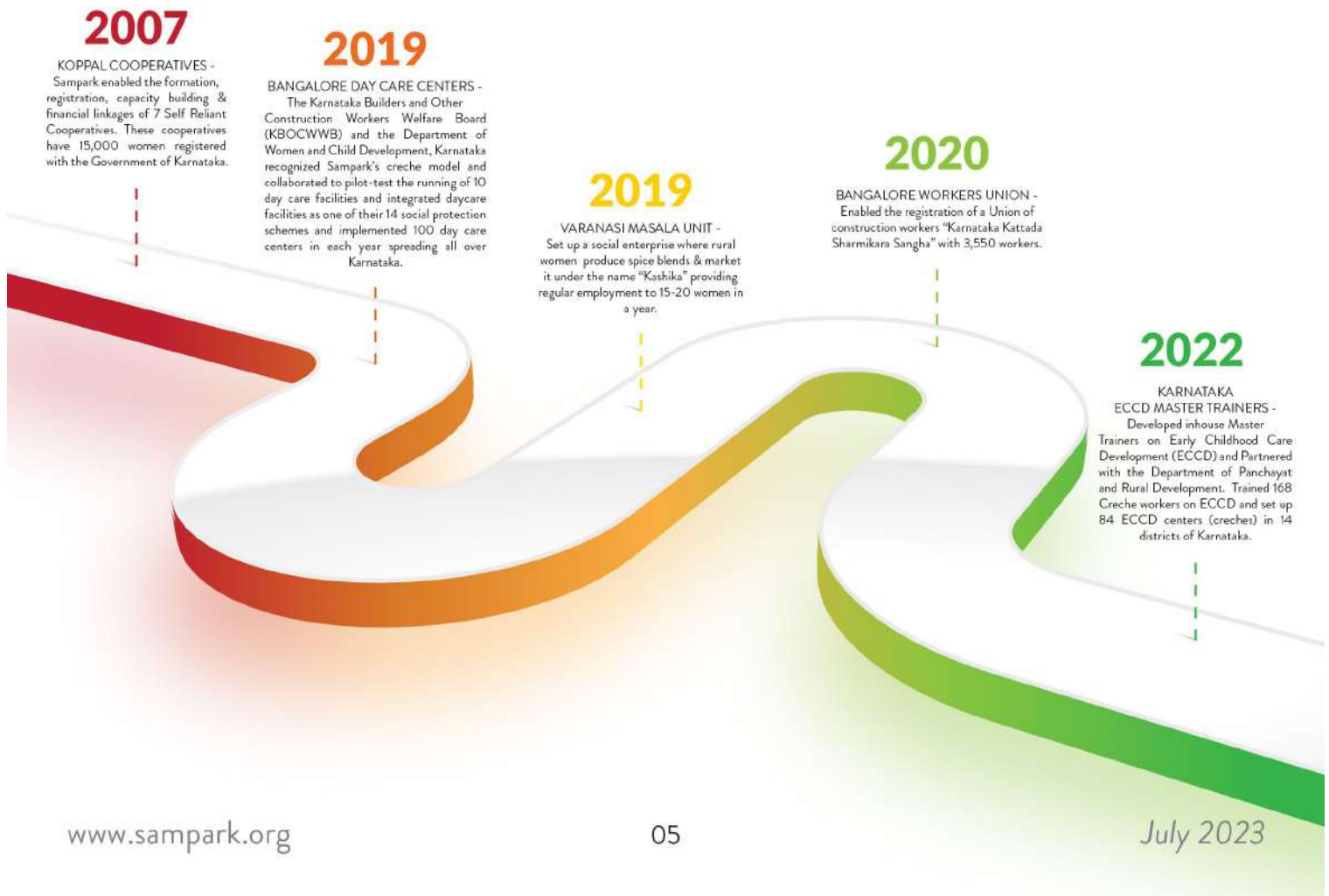
**GENDER EQUALITY** - Sampark's relentless efforts to provide opportunities of self-reliance, growth, education, financial independence of marginalized women contributes to the fifth Nations Sustainable Development Goal of Gender Equality.

# HOW SAMPARK ADVOCATED FOR SELF-RELIANCE OVER THE YEARS

Sampark's core mission is tied to the principle of self-reliance. It is to facilitate the vulnerable to gain direct control over their lives and improve it. By creating self- help groups, by facilitating creation of cooperatives, by making sure that they have improved networks and skill sets to improve their own lives.

By partnering with the government's existing systems and networks, we ensure that interventions reach a wider population. Hence we continuously advocate for policies that address the root causes of vulnerabilities and promote social justice and equity. By working in partnership with governments, NGOs we intend to have a more significant and lasting impact on the lives of vulnerable individuals and communities.

Sampark over the course of 30 years of its operation, has created individual identities for the vulnerable and advocated for multiple issues of migrants & their children and has brought out some lasting impact. Here's a look at the journey of our institutionalization efforts.



# 2022-2023 IN REVIEW

INR **40** lakhs+  
saved by  
Varanasi SHGs

**83**  
Outreach programs  
conducted for migrant  
workers

**26**  
Operational Child Care  
Centres in Bangalore

**1995**  
migrant children benefited  
from early childhood  
development centres

**3400**  
worker footfall  
received in migrant  
worker programs

**504**  
Childcare Workers  
trained

INR  
**1.12** Cr  
saved by  
Koppal Cooperatives

**2169**  
workers registered  
with the KBOCWBB

**77%**  
undernourished  
children improved their  
nutrition

Impacted  
**5100+**  
marginalized women  
in Koppal

INR  
**1.31** Cr  
worth of social protection  
scheme benefits availed  
by 1727 workers

**18**  
Districts of Karnataka  
catered to

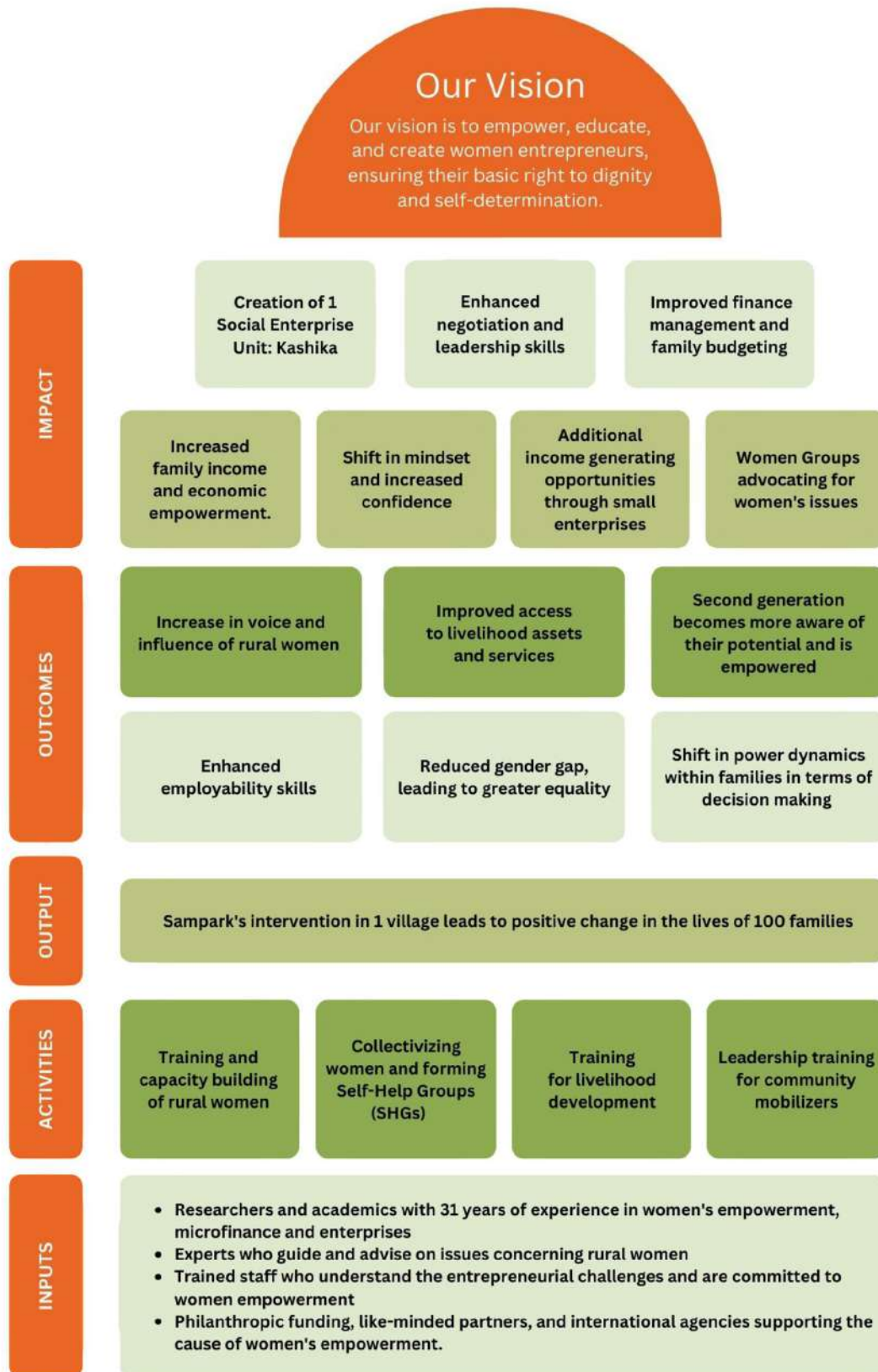


# BUILDING SELF-RELIANT WOMEN-LED ENTERPRISES

*Sampark recognizes the daily structural, economic, and functional problems of women, particularly those of rural underprivileged women. They regularly face numerous visible and nonvisible forms of violence. We, at Sampark, are dedicated and committed to improving, empowering their living conditions , health and lifestyles through financial literacy, livelihood training, legal and leadership training.*



# THEORY OF CHANGE FOR WOMEN EMPOWERMENT



# VARANASI - SURVEY & IMPACT REPORT 2022-23



12 Villages



79 Self Help Groups



900 Women



**Habit of Saving**  
More than 83% women said they started saving money after joining the SHG



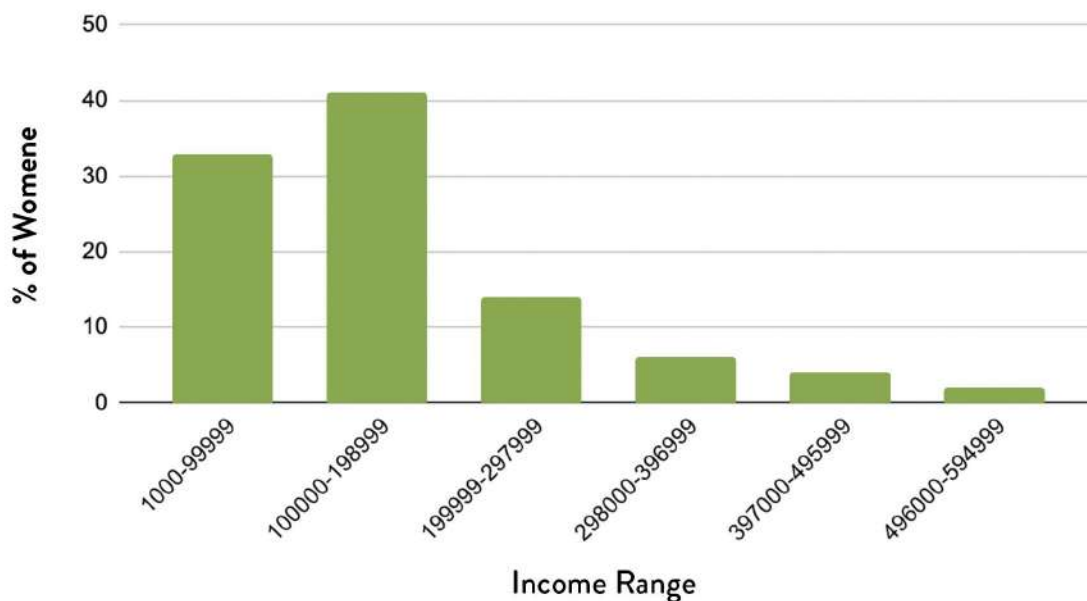
**Individual Bank Account**  
More than 96% of the participating women have an individual bank amount

## Mobile Phone Owners

64% of the women own a mobile phone, an indicator of financial freedom



## Annual Income Range of Participating SHG Women

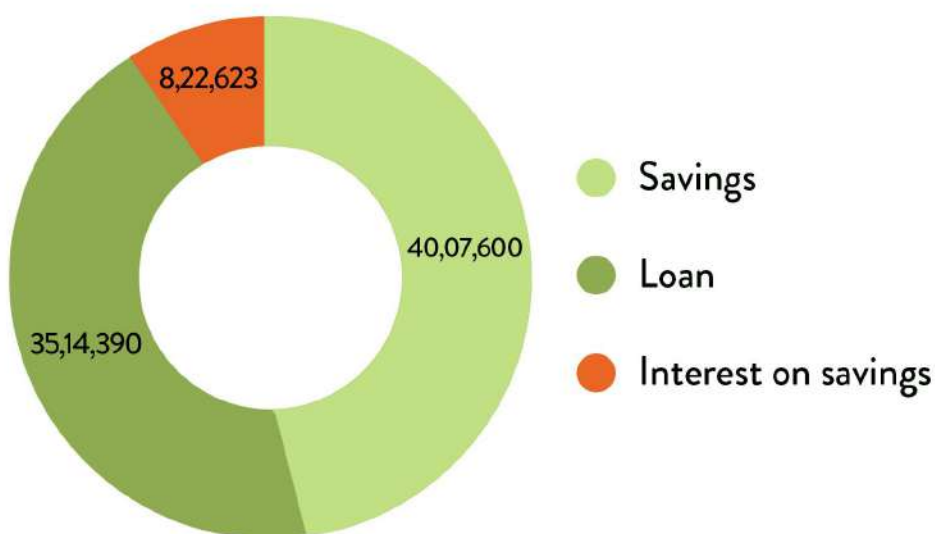


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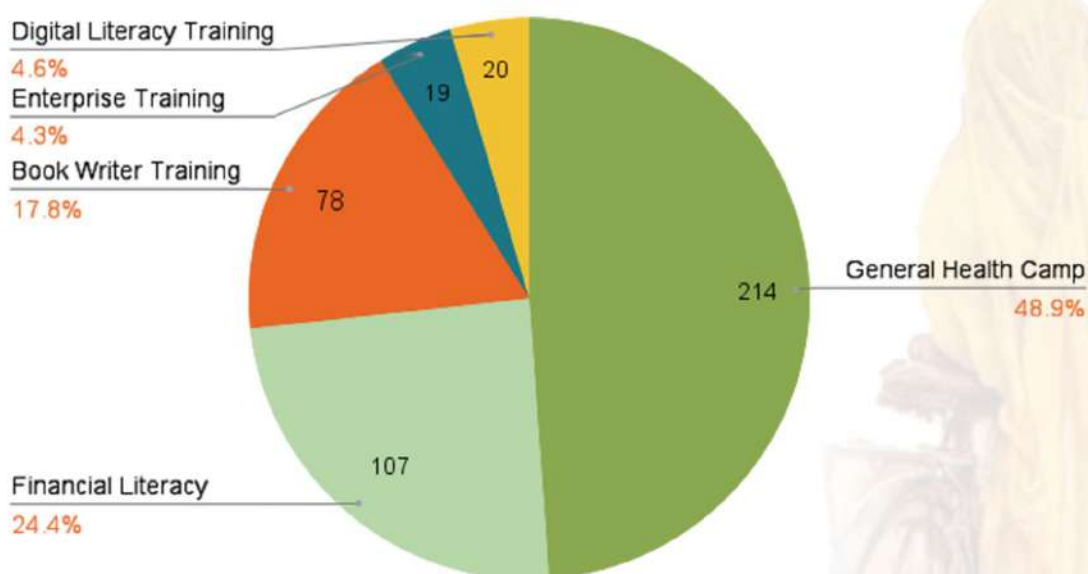
SHGs have been linked with their respective gramini banks where most of the SHGs are involved in transaction of money on a regular basis.



### Financial Standing of Varanasi SHG 2022-23



### Participation Percentage Based on the Activity



# VARANASI - ACTIVITY OVERVIEW 2022-23

## JUNE-JULY 2022

With the receipt of a grant from Pehel Foundation we were able to expand the production capacity of the spice unit at Kashika.



### INSTALLATION & INAUGURATION OF MACHINERY

Kashika members identified the need to install a boiling unit, polisher, dehydrator, pulveriser and packing machine for the spice unit. They got trained to use the installed machinery. A generator was installed to overcome issues of regular power outages. Mr. Pramod and Mr. Ashish from PNB Housing Ltd, as well as Mr. Kumar from RBS Rajghat, graced the inauguration.

### LOCAL SALES & DISTRIBUTION

The project intends to incorporate rural women in all aspects of Kashika production, including sales & distribution. The following initiatives have been made to level the playing field & enable women to sell and make profit from selling masalas.



- **WALL PAINTING** of Kashika Sales Advert was done across 12 villages where Sampark operates in order to make Kashika masala a household & familiar name.
- **REGIONAL LANGUAGE BROCHURES** Marketing collaterals in Hindi were created to make it easier for women to reach out to customers and explain the products.
- **SALES CADRE** A sales cadre including SHG and non-SHG women from the community was identified. Weekly trainings were carried out in marketing and product specialties so that the cadre could speak confidently to customers.
- **KASHIKA MELA** - Kashika Mela is a community gathering with a lively ambience of music, food, and activities that makes women feel like they are a part of Kashika and want to be linked with it. The team organized one such mela with food, new recipes, activities, prizes, and discounts to create a buzz within the rural community. During the Kashika melas, consumers were informed about the three advantages of Kashika masalas: healthy, pure, and trustworthy.

## NOVEMBER-DECEMBER 2022

Livelihood survey was held with all SHG women to understand the family profiles, needs of SHG women, the liabilities and financial responsibilities.

## JANUARY-FEBRUARY 2023

Two General health camps were conducted reaching out to atleast 214 women . The camp was conducted in collaboration with Neuro City, Varanasi where women were examined and provided medication to minor ailments.



## JANUARY 2023

Book writer training was conducted for 78 women to build their capacity and confidence to maintain & write SHG books by themselves.

## FEBRUARY 2023

Financial literacy session was conducted for 107 women which focused on the importance of opening an SHG bank account, purpose of loan & how to use saved money productively.

## FEBRUARY 2023

Digital literacy training for underprivileged girls was conducted with an aim to make them digitally sound for their future commitments and career opportunities.

A batch of 20 girls who are at the verge of completing the syllabus have benefited from the knowledge gained, exposure provided and received scholarships to continue their higher education.



## MARCH 2023

19 women attended a two-day enterprise training conducted by Sampark CEO, Mrs. Prameela. She guided women over the requirements, structure & motive of opening an enterprise. This was followed by an experience sharing session by two women from Mirzapur who run poultry and doormat businesses. This session inspired women to explore their interests & start their own enterprise.

Earlier to this session the team also visited some successful women led businesses in Mirzapur, with the support of Development Alternatives.



## PERSONA SNAPSHOT OF SHG WOMEN IN VARANASI



Average Age of Women: 42 years

Max. Women in Age Group: 35-39 years (>20%)

Family Size: more than 55% have 4-6 family members

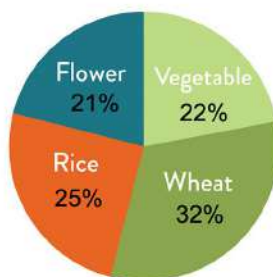


**Education Status**  
More than 65% are Illiterate

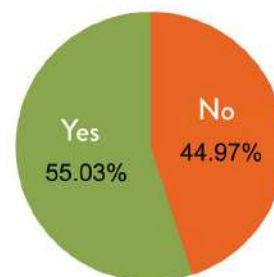
### SHG Women Land Ownership



### Land Usage



### % of SHG women who have taken loan from outside



# STORIES OF TRANSFORMATION

## JYOTI: AN ASPIRATIONAL WOMAN LEADER

*“Women of my village respect me a lot for the work I do. They listen to my words and ask me for help whenever required. It makes me happy that I am able to help people in my community.”*



27-year-old Jyoti Sahani came to Tatepur village, Chiregoan Block, Varanasi after her marriage at the age of 17. The family’s major earning depends upon agriculture and fishery but in off seasons her husband drives to Mumbai and works as an auto driver. As a member of Maa Sheetala Mahila Sampark Samuh, Jyoti actively attends meetings, maintains records of SHGs.

She recently attended the Book Writer training too.

Observing her dedication and capabilities, she was recruited as Community Resource Person (CRP) in May, 2021. Currently she looks over 6 meetings in her village. As CRP she faces a lot of issues but tries to manage on her own most of the time. Only in some cases, she asks for help from the team.

## MEERA : OVERCOMING LIVELIHOOD CHALLENGES ONE LOAN AT A TIME

*“After joining the SHG and taking loans I have also gained confidence to do things on my own. I go to my shop every day during the morning and the evening shift. I talk to customers with confidence and know that my SHG will always support me financially, socially & emotionally.”*

Meera didi, a 45 year old woman supports a family of 7 with a grocery shop. Low profits led her to think of better ideas for another shop. She found out that a meat shop was not there in the village and she could set up a meat shop to increase her family income. At this critical time, Meera didi took a loan from her SHG. The women of the SHG supported her by paying back loans and hence helping Meera didi to get loan faster. Meera didi exclaims that not only is the loan easy to take, it is available at a lower rate of interest but also feels like her own money. She has been with Sampark for the last 5 years through Pahadi Baba Samprk SHG. She feels that exposure to SHG sessions has helped her to decide on opening a meat shop.



## MONITA - A SKILLFUL VILLAGE LEADER

*"I feel that there is no shortage of money in my life. If I want any financial help I take it from the group and return after the completion of the work."*



Monita, now 35 years old, was married at the age of 16. She could only study till class 8th. She worked as a daily wage labourer to make ends meet. After a few years of marriage, her love for stitching & tailoring blossomed & she undertook training for three years. To add to her income as a tailor, she began training other women but soon required an additional machine.

Monita decided to take a loan from Saraswati SHG and purchased an additional machine for sewing classes. She has been part of SHG for 7 years and feels happy to have such a supportive environment. Recently, Monita was made Community Resource Person (CRP) of Khalispur. She conducts meetings for 5 groups. Her husband feels proud that his wife is able to lead a group of women and is good at keeping records.



# KOPPAL - IMPACT REPORT 2022-23

Sampark's oldest intervention started in 1991, with the vision to improve women's income-earning capacity. It has supported 15,000 women over the years and created a voice and agency for the many devadasis and rural women from low-income backgrounds.



54 Villages

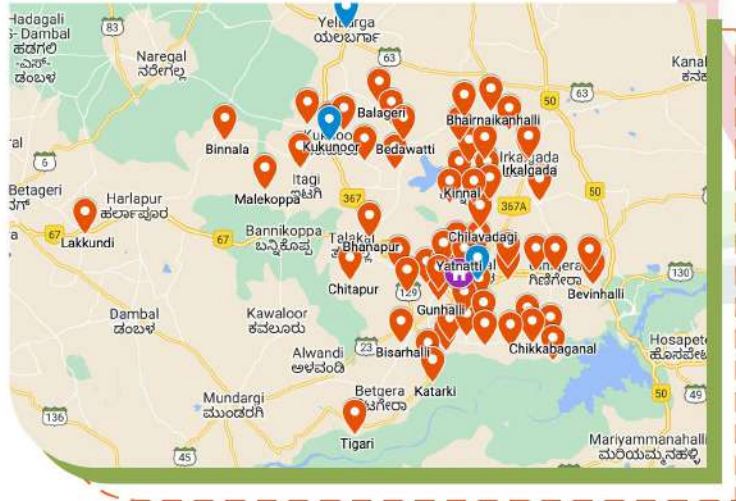


431 Self Help Groups



5171 Women

## Koppal SHG Locations



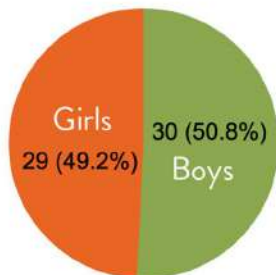
Co-operatives formed in 2007, are running their operations successfully and have managed the below savings by themselves. With some supervisory support from Sampark, co-operative women continue to learn & participate in new initiatives and small enterprise ventures.

## SHG Savings Achievement

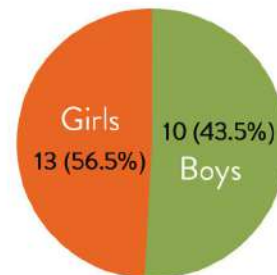
Report 2023



## Koppal Child Care Center Enrollment



## Further Enrollment in School



# KOPPAL - ACTIVITY OVERVIEW 2022-23

## AUGUST 2022 - KOPPAL CHILD CARE CENTER

In collaboration with the Department of Women and Child Development, a daycare center was set up in the Government District Hospital Premises, Koppal for the children of hospital staff. This center is run by the Eshwara Women's Co-operative members with the guidance of Sampark.

One teacher and two Creche workers were trained by Mobile Crèches as well as an ECCD resource person from Sampark.

The 10 day intensive training included first seven days of theoretical training towards activities, nutrition, crèche set up, immunization, etc, and 3 days practical training to set up the crèche.

The crèche works from 9.30 am to 5 pm. Children as young as 6 months old are taken in. Balwadi consists of children from 3-6 years and Non-Formal Education from 6 to 12 years old. The team provides kheer, halwa, eggs, bananas, chikki, and boiled pulses (channa), cooked hot midday meal (khichdi) every day as per the planned schedule. Currently, the center is operating with 56 children in attendance.



## KASHIKA IN KOPPAL

With the presence of well-established co-operative and SHG women groups in Koppal, Kashika was introduced to women in Koppal. Kannada brochures and pamphlets were made. Kashika melas were conducted where women from 15 villages attended. Women were told about the benefits of masala & about the income earning opportunities from the same. 18 sales cadres were identified and trained about the masalas. Till now 1,035 families in Koppal have purchased the masalas with a sale value of approximately Rs.10,000.

# STORIES OF TRANSFORMATION

## ESHWARA CO-OPERATIVE: SCALING THE JOWAR ROTTI BUSINESS



Eshwara Cooperative ventured into the jowar rotti business, purchasing a rotti-making machine for Rs. 28,000 in August 2022. They hired 2 women to make the rottis and started approaching SHG members, dhabas, & hotels in their vicinity, taking orders from them. Additionally, they catered to various events such as marriages, home ceremonies, & other functions, garnering appreciation for their soft, thin, and energetic rotis that were also deemed good for health.

The President of the cooperative expressed satisfaction with their success in supplying 2000 rottis to Hassan district, receiving positive feedback from their customers. The venture not only benefited the cooperative but also proved to be a source of empowerment for the underprivileged women involved, contributing to the overall development & improvement of the cooperative.



Sales Amount - Rs 43500

Expense Amount - Rs 28500

Profit Amount - Rs 15000

## GALEMMMA: BREAKING THE DEVADASI TRADITION TO MARRY INTER-CASTE

Galemma is a 30-year-old woman from the SC community in the village of Hosagondabal, Koppal district. She is the fifth daughter of Devadasi Durugamma and lived with her mother in a government-provided house. She studied up to the 3rd standard and worked as a daily laborer and tailor to make a living. Galemma has a visible dot in one eye, which led to difficulties in finding a suitable match within her community.

However, she fell in love with a boy from the General Caste, and not knowing how to arrange an inter-caste marriage, they sought help from Sampark.

On 1<sup>st</sup> October 2022, they registered their marriage at the Koppal marriage registrar office, with five members from each side witnessing the ceremony. Galemma's husband, Shivakumar, is a BA graduate with computer skills, owning 6 acres of land & a house. Galemma's mother is overjoyed to have a son-in-law like Shivakumar, and both are thankful to Sampark for the support and guidance provided during their marriage.



## NETRAVATI : SETTING EXAMPLE AS A MICRO-ENTREPRENEUR

Netravati, a 41-year-old woman, resides with her family of four in Beldar Colony, Koppal. She is an active member and President of the Kalikadevi Self Help Group, formed by Eashwara Cooperative. Her husband works as a carpenter, & they have two sons, one studying in 2nd PUC and the other in 10th grade.

She built her capacity in bookkeeping and banking procedures with the help of Sampark. Later, she came across an opportunity through Sampark to become a Saruyamukhi representative, selling products and earning profits in partnership with Pollinate Group. After sales, she made a profit of Rs. 1480 from November to February.

Apart from her involvement in Eashwara Cooperative as a Board Director, Netravati finds great interest & success in her role as a Suryamukhi representative. She enjoys providing useful products like pads and electric light bulbs to people. Her participation in such part-time activities not only builds her capacity and confidence but also contributes to her family's income.





## EMPOWERMENT OF MIGRANT WORKERS

*Migrant workers often leave their hometowns to seek better job opportunities in other regions or states. They face various risks such as unemployment, illness, and disability, which can jeopardize their financial well-being. Linking migrant workers to government social protection schemes provides them with a safety net and mitigates the risks associated with their employment status and exploitation.*

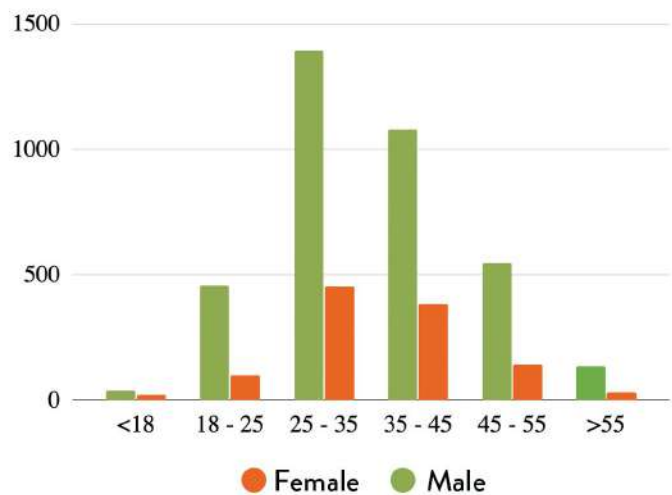
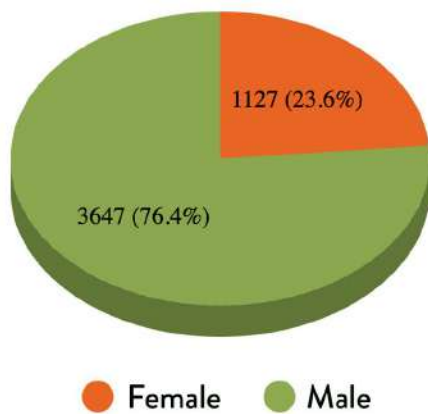
According to a 2021 report by the Ministry of Labour and Employment, Karnataka has an estimated 36 lakh migrant workers population. This is an invisible, disenfranchised and often excluded group from mainstream development and health initiatives.

Migrant labourers, who account for roughly one-third of India's population, work long hours, are paid low wages, and work in unsafe environments, besides the other ills of social isolation and poor access to basic services, such as education, water, sanitation, and health. The construction industry is one of the oldest industries in India, which employs a large number of workers of poor socioeconomic status.

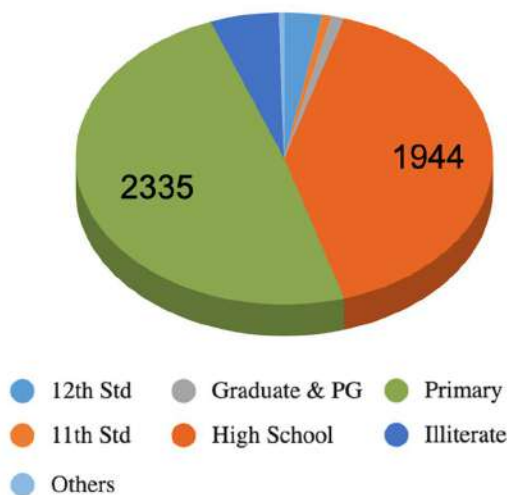
This year, here is a brief profile overview of roughly 4700 migrant workers with whom we work in Karnataka.

## Profile Overview of the Migrant Worker Population in Karnataka

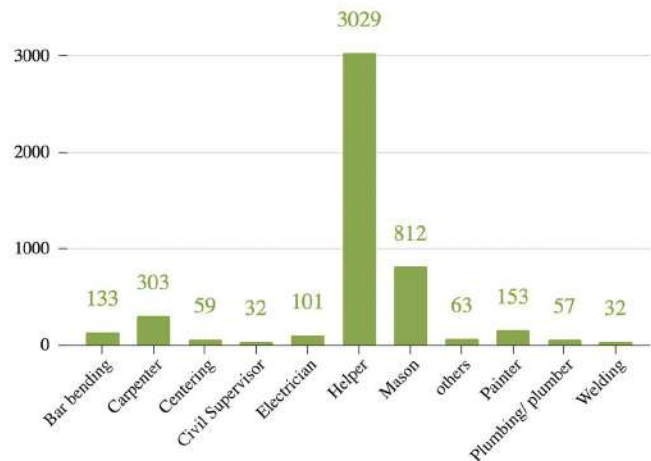
Survey Size: 4774



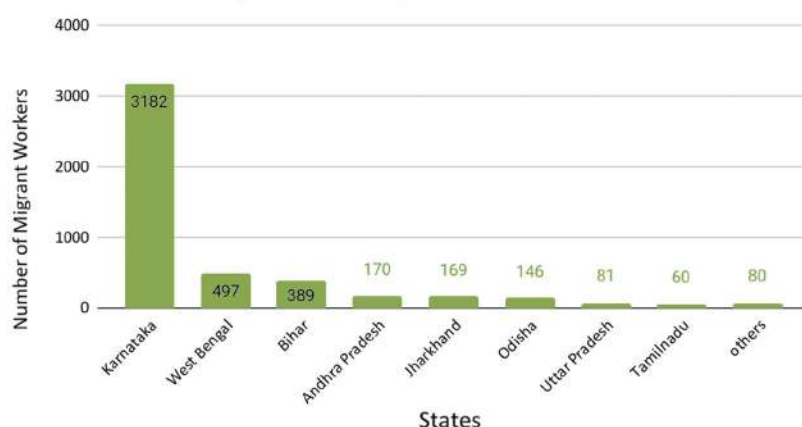
### Level of Education of Workers



### Nature of Work of Migrant Workers



## Source States of Migration to Bengaluru



Sampark implements projects to empower migrant workers through two major bodies:

- Workers Resource Centres (WRC) and
- Trade Unions

that are run, managed and owned by the migrant construction workers with only operational support from Sampark.

Sampark also operates a migrant support helpline **080-68972050** to provide them the convenience to access information from anywhere.

Sampark creates awareness among migrant workers about their entitlements in various sectors such as health, education, finance, social security and legal aid, and increases access to these entitlements to improve their livelihoods. These are achieved through the setting up of Workers Resource Centres (WRCs), and implementing activities of awareness raising, information provision, and linkages. Sampark runs 3 WRCs in Bangalore.

Sampark ensures community involvement by actively engaging with workers at the grassroots level. It has facilitated the formation of the Karnataka Kattada Shramikara Sangha Union, with a female president and 3,500 members. Additionally, Sampark builds the capacities of community members, such as Shramik Mitras and Saathi Samuhs (labour confidant), empowering them to support and assist migrant workers within their communities

Construction sites within the reach of WRCs are approached by field teams to offer services to construction workers. Various awareness programmes and health camps are conducted at site/ labor colonies. Sampark currently works in 75 labour colonies in various locations in Bangalore. The strength of WRC's is to facilitate the process of accessing social protection schemes for the migrant workers. In addition the work is also implemented through the local construction builder, resident welfare associations and the primary health centres.

Since its inception, Sampark has assisted -

**2,10,000** migrant workers with access to government schemes,

**56,500** migrant worker children with health, nutrition and education including

**6,000** children integrated into government schools.

# MIGRANT WORKERS IMPACT 2022-23



3442 Migrant workers footfall in Sampark outreach programs



2925 Men

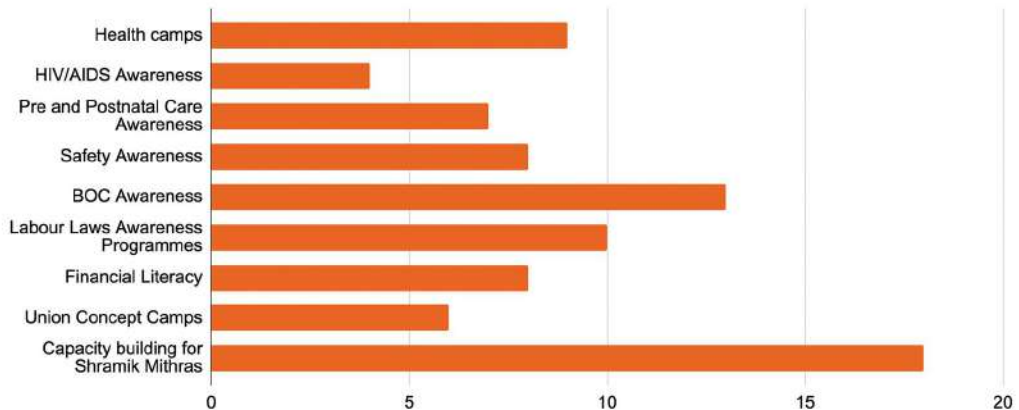


517 Women



These programs were attended by 2141 Women and 1935 Men

Number of Intervention Programmes, 2022-23: Total-83





# THEORY OF CHANGE FOR MIGRANT WORKERS

## Our Vision

Our vision is to create an inclusive society where migrant labourers & their families are educated about their rights, they become resilient and empowered to lead lives of dignity.

### IMPACT

Secured childhood for the second generation of migrant families

Increased access to entitlement and rights for migrant labourers

Enhanced identity & visibility of migrant population through advocacy

### OUTCOMES

#### Migrant Children

- **Education:** Migrant children mainstreamed into government schools, resulting in decreased dropout rates and an increased enrollment
- **Health:** Increased immunization, reduced stunting and wasting, decrease in anaemia and iron deficiency
- **Social:** School readiness, decrease in child labour, child marriages and child trafficking

#### Migrant Women and Men

- **Economic:** Increase in earning capacity, women are able to join the labour force
- **Health:** Improved reproductive health and timely care for severe illnesses
- **Social:** Increased access to social protection services, increased awareness about rights and entitlements, leadership development, increase in decision-making skills and reduced burden of childcare for women

#### Migrant Community

- **Economic:** Increased awareness about government schemes, and financial literacy
- **Health:** Low illness among the community, low mortality and morbidity rate
- **Social:** Improved quality of life and inclusion in the society, increased control over resources for health, resilient migrant population

### OUTPUT

Sampark's intervention in 1 labour colony impacts 100 migrant families

### ACTIVITIES

Early childhood care, education, nutrition and health support for migrant children

Awareness, capacity building & linkages with Government departments for social protection schemes

Support services for migrant workers in health, finance & childcare

Report building with state & non-state actors through advocacy

### INPUTS

- Research and subject matter expertise on 'Migration' and 'Early Childhood Care and Development'
- Trained staff and Community Based Groups ( Sathi Samuha, Shramik Mitras)
- Multiple Stakeholders: Labour Department, Health department, Department of Women and Child Development Karnataka Building And Other Construction Workers Welfare Board (KBOCWBB), Construction companies, donors and funders
- Karnataka Kattada Shramikara Sangha Union (KKSS) & Workers Resource Centres
- Tried and tested training materials

## A BRIEF INTO KIND OF AWARENESS PROGRAMS AND BENEFITS LINKAGES AWARENESS PROVIDED BY SAMPARK:

### I. Awareness programmes -

Sampark conducted 65 awareness programmes related to social protection schemes of KBOCWFB (The Karnataka Building and Other Construction Workers Welfare Board <https://karbwfb.karnataka.gov.in>). The awareness programs aim is to provide information and access to various social protection schemes for migrant construction workers.

S.NO	NAME	BENEFIT	
1	Pension Benefit	After completion of 60 years of age, a beneficiary with three years of membership is entitled to a monthly pension of Rs. 3,000	
2	Disability Pension	A beneficiary who is partially or completely disabled due to a disease or an accident during work gets a monthly pension of Rs. 1,000 and up to Rs 2,00,000 based on the extent of disability	
3	Shrama Samarthya	Training- cum -toolkit benefit, upto Rs.20,000	
4	Maternity Benefit: (Tayilakshmi Bhagya)	This is for the birth of the first two children of a registered women construction worker, Rs. 50,000 for a child.	
5	Funeral expenditure	Rs. 4,000 and ex gratia Rs. 70,000 Educational Assistance.	
6	Kalike Bhagaya	For the education of two children of the beneficiary: Rs. 5000 Up to Rs.75,000 from Pre-School, Primary /High School, PUC, Any Degree, and Any Post Graduation. Including LLB/MBBS/MD and PHD	
7	Accident Compensation	In case of death, Rs. 5,00,000 and permanent total disability Rs. 2,00,000 and partial disability Rs. 1,00,000.	
8	Karmika Chikitsa Bhagya	Major Medical Expenditure Assistance up to Rs. 2,50,000 for the Treatment of severe diseases	
9	BMTC Bus Pass Benefit	For those building workers who work in the jurisdiction of Bangalore Mahanagara Palike or travel to Bangalore from the place of residence.	
10	Griha Lakshmi Bond	Marriage Assistance, sum of Rs. 60,000 to meet the marriage expenses of the beneficiary or his/her two children	
11	KSRTC Bus Pass Benefit	For those building workers who work in the jurisdiction of Districts of Karnataka to travel Districts limits from the place of residence	

Table 1: Benefits of Karnataka Building and other Construction Workers Welfare Board

## II. Awareness and access to Central Government Schemes -

Awareness will be given about various central government schemes particularly:



**Ayushman Bharat Yojana:** National public health insurance scheme of the Government of India that aims to provide free access to health insurance coverage for low-income earners in the country.

**105 workers received access to Ayushman Health Card**



**E-Shram**

**37 workers received e-shram cards access**

3. **Suraksha Bima Yojana:** A government-backed accident insurance scheme

4. **Jeevan Jyothi Bima Yojana:** A Government-backed Life insurance scheme

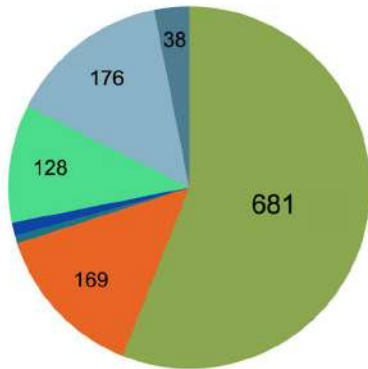
## III. Awareness about One Nation One Ration Card and e-Shram Card -

Awareness about one nation one ration card which ensures that the beneficiary can pick up her or his entitled foodgrain from any fair price shop in the country and e-Shram card through which the labourers and workers in the unorganised sectors can get various benefits.

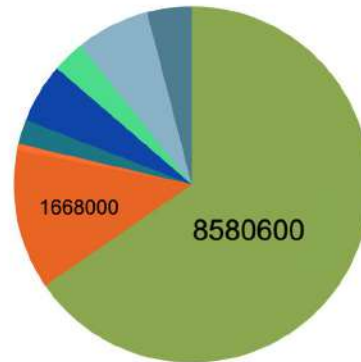
Several studies showed that a majority of the construction workers (98%) were not aware of the existence of the Karnataka Building and Other of Construction Workers Welfare Board (KBOCWFB). Hence, they were not members (Study done by Institute for Social & Economic Change, ISEC). Due to the lack of information about the existence of KBOCWFB and due to lack of membership of the board, many of them were not receiving any benefits from the board.

One of the biggest strengths of WRC is to register the migrant construction workers with the Karnataka Building and Other Construction Workers Welfare Board. During the year 2022-23, Sampark registered **2,169 workers with the KBOCWFB, of which 1727 (80%) of workers availed social protection schemes worth of Rs. 1,31,19,600.**

### Total No. of Registration for Benefit Schemes



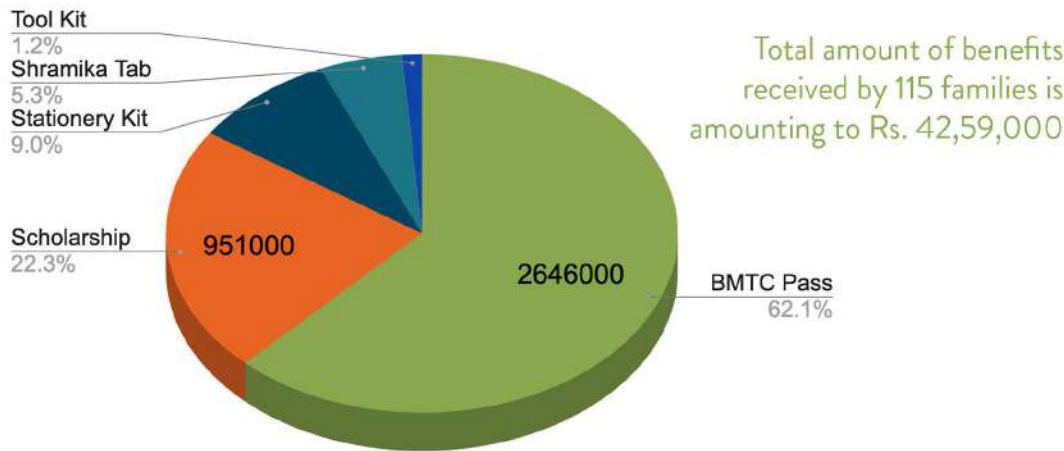
### Scheme Wise Benefits Received in Rupees



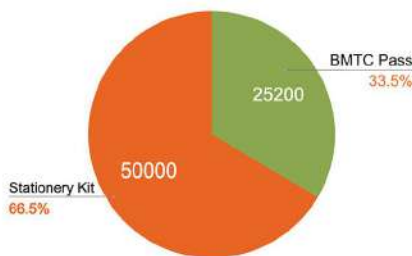
- BMTC Bus Pass
- Maternity Benefit
- Stationery Kits
- BMTC Bus Pass
- Maternity Benefit
- Stationery Kits
- Scholarship Benefit Received 2022
- Marriage Benefit
- Shramika Tabs
- Scholarship Benefit Received 2022
- Marriage Benefit
- Shramika Tabs
- Funeral Benefit
- Tools Kits
- Funeral Benefit
- Tools Kits

It was interesting to note that overall, 115 families benefited from these linkages apart from individual or unmarried migrant workers whose families do not reside with them.

### Breakup of the Benefits received by the Migrant Families

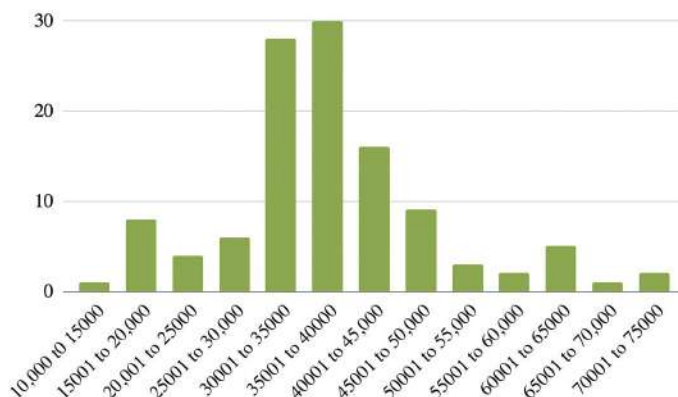


### Family with Max Benefits



Family of Ningappa from HBR Layout availed maximum benefits this year.

### 115 Families Beneficiary Amount Brackets



# STORIES OF TRANSFORMATION

## NAGRAJ & RATNAMMA: BETTER HEALTH OUTCOMES THROUGH TIMELY TREATMENT



Nagraj, a 44-year-old agriculture worker from Koppal, Karnataka, faced health issues such as stomach problems, swelling, and a burning sensation after eating. Local doctors diagnosed him with a digestion problem and prescribed medications, but his health didn't improve significantly.

A year later, Nagraj moved with his family to Bangalore for better opportunities and found work as a helper in a Phenyl factory. During a health camp organized by Sampark in the labour colony, Nagraj sought treatment for a cold and cough.

However, doctors recognized the severity of his condition and advised revisiting the government hospital. He was then diagnosed with hernia and required immediate surgery. With assistance from Sampark, his BPL and Aadhar cards, he received free surgery and a 50% concession on tests. The staff member provided emotional support, encouraging him to proceed with the surgery. Nagraj successfully underwent the Hernia surgery, and after a period of rest and recovery, he gradually returned to work.

Thanks to the effective coordination and documentation facilitated by Sampark, Nagraj was able to save 40k INR in medical expenses.

## VIRUPAKSHI: WORKER RECEIVES PENDING PAYMENT WITH SAMPARK'S INTERVENTION

Virupakshi is originally from Bellary and currently resides in Telecom Layout, Bangalore, with his family. He has been working as a construction labourer in Bangalore for the past 12 years, earning a daily wage of 700 INR, which is the primary source of income for his family.

Virupakshi was owed a balance payment of 30,000 INR by his contractor, Karthik. Despite multiple requests, the contractor did not pay him the amount. As the last resort, he sought assistance from the Sampark team through the Workers Resource Centre (WRC).

The WRC field officer contacted the contractor and informed the contractor about Virupakshi's association with the Karnataka Kattada Shramikara Sangha (union) and emphasized the possibility of strict actions if the pending amount was not paid. Upon hearing this, the contractor agreed to pay 20,000 INR of the owed amount to Virupakshi through UPI. He requested a 2-month extension to pay the remaining 10,000 INR.

Thanks to the intervention of the WRC team, Virupakshi finally received the payment that was owed to him.

A young child with dark, curly hair is sitting on a sandy surface. The child is wearing a bright green t-shirt with a graphic and a necklace made of small orange beads. The child is holding a small, crumpled blue and orange object in their hands. The background is a textured, light-colored surface, possibly sand or a wall. The text 'EARLY CHILDHOOD CARE & DEVELOPMENT' is overlaid on the image in large, white, bold letters. Below the title is a paragraph of text in a smaller, white font, and at the bottom center is the page number '29'.

# EARLY CHILDHOOD CARE & DEVELOPMENT

*In India, the primary responsibility for childcare prevents women from working or earning incomes, exposing women and children to multitude of problems. Sampark's 26 Early Childhood Care and Development (ECCD) centers that are spread across 72 labour colonies, provide a range of services and programs that cater to the care, development, and education of young children, typically from birth to around 14 years of age.*

## A BRIEF INSIGHT INTO THE LIVES OF MIGRANT WOMEN AND THEIR CHILDREN

With over 35-40 million people engaged in the construction sector, women occupy nearly 20-30 percent of this workforce. A majority of these women work as construction labourers primarily because the male members of their family are already employed in the construction sector. The status of migrant women workers can vary depending on factors such as geographic location, regulatory frameworks, and specific working conditions.

Here are some common aspects related to their status:

- a. **Limited Access to Formal Employment:** Migrant women workers in the construction industry lack literacy skills & hence often end up working in informal or precarious jobs, lacking social protections and benefits.
- b. **Low Wages and Exploitative Conditions:** They may face long working hours, lack of proper safety measures, and inadequate access to healthcare and other essential services.
- c. **Gender-Based Discrimination:** They may encounter unequal pay, limited opportunities for career advancement, and gender-based harassment or abuse. At home, they also face domestic violence.
- d. **Lack of Social Support Networks:** Migrant women workers face isolation and a lack of social support networks. This can exacerbate their vulnerability to exploitation and limit their access to information and resources.
- e. **Lack of Day-care centres:** The absence of a social network to look after children, while both parents are at work creates a huge divide in the growth, health and education of children of construction workers.
- f. **Language Barrier:** The vulnerability of the children of migrant construction workers and their safety is less talked about and addressed. These children face several challenges due to frequent movement, language barriers, and other constraints, which result in inadequate access to education as they are unable to join regular government schools.

# ROLE IN SUPPORTING WORKING MIGRANT WOMEN THROUGH CHILD CARE

In India, the primary responsibility for childcare prevents women from working or earning incomes, exposing women and children to multitude of problems. The **28 Early Childhood Care and Development centers that are spread across 72 labour colonies**, where 1995 children - 1,046 boys and 949 girls run by Sampark provide a range of services and programs that cater to the care, development, and education of young children, typically from birth to around 14 years of age. The children are classified into three sections: Crèches - 6 months to 3 years; Balwadi - between 3 to 6 years and non-formal education for children above 6 years.

Sl. No	New centres opened	Closed Centre due to completion of projects
1	Marathahalli Slum Board Anand Nagar	PLRG
2	Avalahalli	D S Max
3	Soladevanahalli	Sipani
4	D S R Highland Greenz	Prestige falcon city
5	D S Max Sky Shubham	
6	G R Homes	
7	KMV Projects	

## BANGALORE PROJECT LOCATIONS





Support provided by Sampark through its Child Care Centres:

**a. Healthcare:** Monthly health camps are conducted at creches. The creche teacher links the children to the local Primary Health Centre to ensure age-appropriate immunization. 7,801 children attended the health camps. ( 4066, boys and 3735 girls). 1,638 children who had illnesses accessed the services of the Public health centre near them.



**b. Nutrition:** In the centers, all children are provided 3 meals a day. Children are categorized as normal or undernourished based on nutrition standards prescribed by the World

Health Organization (WHO). Children's growth is monitored. Undernourished children are put on a special diet, 539 children - 247 girls and 292 boys received special diet. 410 children improved their nutrition, so happy that 188 girls and 222 boys are growing healthy and happy! **Out of 539, 410 (77%) improved their nutrition.** Under the ICDS scheme ( Integrated Child Development services Programme) through the anganwadis, 229 children were also enabled to access anganwadi nutrition.

## UNDERNOURISHED CHILDREN



Before



After

**d. Education:** Sampark uses child-friendly materials and techniques to make learning exciting & truly engaging, aiding its absorption. Monthly topics and activities are planned and regular parent meetings are held to discuss attendance and learning. The importance of continuing education is emphasized. Today, children who were once destined to proceed in their lives with zero education can easily read out the



alphabet, memorize songs & dances, demonstrate spatial skills by sorting objects, and engage in pre-writing exercises. Sampark is able to transform children into school-ready batches of potential students, on their way to enter mainstream education.

**145 children - 82 girls and 63 boys joined Government schools this academic year, of which the highest number of children, 23 children ( 16 girls and 7 boys) are from a non-builders colony - Patallama layout in Bangalore. This makes us really proud !**

**e. Capacity building of the care providers:** The care providers are trained on issues related to education, health, nutrition and inclusive child care practices, equipping them with the necessary skills to support migrant families effectively. **504 child care workers trained.**



**f. Collaboration with stakeholders:** Partnerships with state health departments, community organizations, and child care providers will be established to develop a collaborative framework for addressing child care gaps. Linkages to PHC, Angan-wadi and Government School provided.

**g. Community Engagement:** Facilitate community dialogues & workshops to encourage social integration, promote understanding between migrant & host communities, and foster mutual support networks. Ex. Aadhar cards, Pan, Bank account, Health Card. Monthly one parent teacher's meeting to ensure government school linkages happen on time. 2,731 parents attended the Parents teachers meetings this year



## MAINSTREAMING THE SAMPARK MODEL IN GOVERNMENT PROGRAMMES

### SPECIAL HIGHLIGHT FOR YEAR 2022-23

In Coordination with Department of Women and Children as well as Rural Development & Panchayati Raj, Sampark has the following footprint in early childhood care & development:

**504**

Childcare Workers  
trained

**84**

Pre-Service Training  
Centers Set Up

**18**

Districts of Karnataka  
catered to

**13**

Districts to be covered  
in 2023-24

**40**

Cr Allocated by  
RDPR to set up

**4000**

Day Care Centres  
in rural Karnataka

## ACTIVITY OVERVIEW 2022-23

Three of our in-house resource persons underwent detailed training from Mobile Creches. Mobile Creches is a pioneering organization working for the right to Early Childhood Care & Education of marginalized children. The resource persons attended 18 days of training. They also attended a session curated for TOT (Training of Trainers) spanning 6 days.

These trainers train the childcare workers of daycare centers which are in the Zilla Panchayat, Taluk Panchayat, NREGA (National Rural Employment Guarantee Act), Zilla Hospital, and Police quarters.

These centers are run for the employees of the particular department. In each department, 3 teachers are trained to take care of the employee's children. The training is for 10 days, 7 days the trainer provides training to all the trainees with regard to activities, Nutrition, Crèche Set up, Immunization, etc, and for the next 3 days, practical training is provided to set up the crèche. The trainer visits these creches and gives practical training and helps in setting up of creches.



# STORIES OF TRANSFORMATION

## RENAMMA: A LIFE CHANGING INTERVENTION



Hanumantha and Sharanamma, a couple from Raichur district migrated to Bangalore 10 years back in search of jobs. The couple has 4 children, 2 girls and 2 boys. Both parents work as masons. Among 4 children, Renamma is the eldest one, who is 11 years old and studying in 5th standard in the government school.

Two other children are also enrolled in the Government School with the help of the teacher, and the last child is in the crèche now.

During the summer vacation, Renamma's parents took her to the village and there they tried to look for an alliance to get her married. An alert crèche teacher came to know about this through a neighbor.

The teacher called the parents over phone and got confirmation that they were indeed trying to get her married.

The teacher & supervisor then told the parents that this is against the law and if they continue with this marriage they will complain to the police under the Prohibition of Child Marriage Act. With several follow ups with parents, the teacher convinced the parents about the importance of education for the child. Parents realized their mistake and agreed to send the child to the school. And also the parents agreed and signed in a document that they won't stop the child's education. Now, Renamma is continuing her education.

Sampark's timely intervention helped in ensuring Renamma has a good future.

## CAPACITY BUILDING OF STAFF 2022-23

### MARCH AND APRIL 2023 - ENGLISH LANGUAGE TRAINING

35 creche teachers attended a four month English language Training which enabled them to interact more confidently in English while boosting their confidence in teaching in English language as well.



### OCTOBER 2022 - WORKSHOP ON STORYTELLING

A workshop on storytelling was conducted by Kathalaya's International Academy of Storytelling on Saturday, 22<sup>nd</sup> October. A total of 25 teachers attended this workshop.



### FEBRUARY & MARCH 2023 - COMPUTER TRAINING BY WHITE HAT JR.

Basic and Advanced computer courses were conducted by Whitehat Juniors for 27 creche teachers. They benefited from this training immensely as knowledge of using computers and creating content on computers speeds up their preparation for creche activities.



# WAY FORWARD

Sampark has been making additional efforts to strengthen the organization's capacity. Our dedicated staff members have actively contributed to the overall development of Sampark, and we have seen a significant increase in our team size from 50 to 62 members. We have also implemented interdepartmental movement of staff members to make the best use of the talent and expertise within Sampark.

To plan our path for the future, our senior management, project coordinators and Board members participated in a comprehensive 5-year vision planning workshop facilitated by our advisor, Mr. Suryamani Raul. This workshop resulted in the development of a detailed plan for our three projects.

In our 'Early Childhood Care and Development' project, we plan to operate 50 early childhood care and development centers at a time and reach over 10,000 children. As a resource organization, we aim to reach out to 200 districts and benefit 20,000 children. Our larger objective is to develop best practices for ECCD.

For the 'Empowerment of Migrant Construction Workers', our Workers Resource Center (WRC) team aims to strengthen the Karnataka Kattada Shramikara Sangha Union by registering 15,000 members. Further, we not only aim to advocate for the implementation of 150 WRCs to the Karnataka Government to ensure support for migrant workers but as a resource organization we want to promote our WRC model to relevant government departments of other states as well to adopt and implement this approach to empower migrant workers.

In Varanasi, our Women Empowerment project aims to expand its reach from 12 villages to 15 villages in the coming years. We want to establish decentralized training centers at village level. We also aim to grow from 80 to 100 women's groups, and work in-depth with these SHG women to provide increased livelihood support. Through our social enterprise 'Kashika,' we want to improve the quality and distribution of our masalas, reaching more people in Uttar Pradesh and North-Karnataka.

Through our digital literacy project, we wish to increase digital access, reduce economic inequality, and enhance employability and enterprise skills of young women by expanding our reach to 150 college students. In Koppal, we want to continue our efforts towards the well-being of Devadasi women, aiming to improve their health, promote self-sustainability, and help them to increase savings for their families.

In line with our commitment to adapt and evolve, we are actively working on strengthening our presence on various social media platforms. We have also expanded our fundraising efforts by growing our team and going forward, our goal is to reach out to more corporates and foundations and build stronger relationships with them. We also aim to involve active citizens in our projects by collaborating with Resident Welfare Associations (RWAs). We appreciate the support of all stakeholders as we work towards creating a more inclusive society for the vulnerable, especially women. Alone we can do so little; together we can do so much!

# ETERNALLY GRATEFUL TO OUR DONORS 2022-23

## Individual Donors



Abhishek	Mrinal Jagdish Todi	Shashi Upadhyay
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Jochnick Foundation, Netherlands	Jonas & Christina af Jochnick FOUNDATION
Mobile Creches for Working Mothers Children	 MC MOBILE CRECHES Nurturing Childhood Sowing Change
Pehel Foundation	 पहल charitable foundation

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## Staff Members 2022-23

NAME	DESIGNATION
V. Prameela	C.E.O . Sampark
Shameem Banu M	Accounts Manager
Meenakshi K.G	Admin Manager
Krupa Sriram	Project Lead- Women Empowerment
Ramya. M	Accounts Assistant
Manjula K	Project Coordinator Mobile Creches
Rishika Rathore	Manager Fundraising & Impact Review
Kavitha	Data entry ( Mobile Creches)
Manjunatha	Project Coordinator- Koppal
Shubhangi Rawat	Trainer for Rural Women Development
Manisha Nishad	Skill Training Marketing Quality Control
Anita Patel	Officer
Harish C	Field Coordinator

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Anjali. K  
John P. Moses  
Mangala  
Manjula  
Nagaveni  
Pooja  
S Roopa  
Sundar M

### PROJECT COORDINATOR

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Manjula K  
Manjunatha

### DATA ENTRY

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Poornima  
Sheela Parameshwar Mesta

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Deepa  
Gayathri  
Geetha M  
Gowri R  
Kamala . R  
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Sharada  
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Vasantha A  
Yamuna C

## CRECHE WORKER

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Anita  
Annapurna  
Bandhana Roy  
Chintha Kumari  
Gavarabi  
Kajal Kumari  
Kiran Devi  
Mahadevi  
Mahalakshmi  
Malamma  
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Nagarathnamma  
Namala Narasamma  
Narasamma  
Sita  
Smt Gowlla Padmaathi  
V. Mounika  
Yallamma  
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Ritu Kumari  
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Ms. Anitta Manuel ,Kristu Jayanti College , Bengaluru  
Mr. Badrinath, Oxford College of Acts, Bengaluru  
Ms. Jennifer Kim Thangiam , Christian College , Chennai  
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Ms. Menakha, Oxford College of Acts, Bengaluru  
Ms. Namratha Prince, Christ University Bengaluru  
Mr. Siddharth .S. Murthy, National Law School of Indian, Bengaluru  
Ms. Varshini Ramasubramanian , Christ University Bengaluru

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We thank you for your  
continued support in our  
efforts to contribute to the  
lives of marginalized sections  
of the society.

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Design and Concept  
VIGYAPANY

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